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Investigation on the Effect of the Moderate Consumption on the Poverty Alleviation in the Family Based on Interdisciplinary Studies

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Extended Abstract

The holy Quran as the eternal miracle of the prophet of Islam (PBUH) requires an accurate understanding, in order to receive human life approaches which are not possible except through interdisciplinary studies. On the one hand humanistic sciences such as economy have not gained full credit and success in solving recent problems and answering the set questions. Suggested conventional economy policies in reducing poverty advises the correction of social institutions and does not pay much attention to "family" as a subject, when Islam looks at "family" as the basis leading to society concerning its social, cultural and economic aspects and suggests clear instructions and policies. In the same way, interdisciplinary studies enable us answer these sorts of questions. The following article has analyzed the role of moderate consumption on poverty alleviation in families by looking at Islamic teachings. If family's economical patterns are formed based on Islamic teachings, these ideologies and beliefs of moderate consumption and poverty alleviation will be effective. Income, moderation, contentment and personal status are the required axes in drawing an Islamic life style based on justice and poverty alleviation in society. In practical approaches of this research we may point at the relevance of marriage and poverty alleviation, effect of priority in the couples' consumption and also economical teachings of parents to their children in the formation of moderate consumption patterns in Islamic family.

Keywords: interdisciplinary studies, Islamic life style, moderate consumption, poverty alleviation, Islamic economy

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INTRODUCTION

Life style could be interpreted as a collection of less or more comprehensive functions that a person adopts to not only fulfill his needs but also it's a specific narration of his personal identity chosen by him concerning others leading to his preferred image (Shasti, 2014, 117-137). Family's economic system should be developed in a way in which personal expenses based on consumption indications are determined. This article is done with an interdisciplinary studies approach concerning family's economic pattern focused on moderate consumption and its role in poverty alleviation in the family

PURPOSE

The suggested conventional economy policy in poverty alleviation advises the correction of social institutions and does not pay much attention to the family as an institution. Islam looks at family as the most basic institution constituting society in its social, cultural and economic aspects and clear instructions and policies are proposed in order to alleviate poverty in the society. In this regard, this article has explained and introduced the main components of moderate consumption and their connection with poverty alleviation in Islamic family based on the doctrine of Quran and Ahl al-Bayt (A.S).

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METHODOLOGY

This article is based on an analytical-descriptive library research. At first the sources were identified and after writing based on note-taking, the acquired data was analyzed.

RESULT

Throughout human life consumption has been taken into account and based on the social culture specific consumptions were formed. These days concerning the modern life style consumerism are introduced as a principle leading to many human behaviors. In order to achieve a moderate consumption culture or moderate consumption some components should be considered. If the economical pattern of the family is formed based on Islamic teachings, these beliefs will affect the moderation in the amount of consumption and alleviating the problem of poverty. Income, moderate life style, contentment and personal status are the required axes for drawing an Islamic life style based on justice and alleviating poverty from the society. From the practical approaches of this research, we may mention the connection of marriage and poverty alleviation, effect of prioritizing in couples' consumption and parents' economical teachings to their children as well; These all may lead to a moderate consumption pattern in an Islamic family.

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DISCUSSION

Based on Islamic teachings, moderate consumption is one of the valuable principles of life and in order to achieve it lack of lavishness as well as contentment are recommended and therefore to rate the income allocation at first wife and children and after that parents and following them relatives and finally poor members of the society are placed. In the way of consumption, people's social status and position should also be considered to achieve a moderate consumption. In the importance of a correct marriage and choosing a life partner considering religious belief and faith basis and equality there is no doubt but in the next levels in order to achieve more understanding, some have included economic equality and closeness as one of the conditions. As the economical closeness of the couple will definitely effect the way they spend and their consumption patterns as well as causing tranquility. Concerning the family's economical management, at the beginning of the marriage this fact is shared and later based on the couples' trust, decision making of general policies is done by the man and minor decisions in shopping and consumption are with the lady of the house which needs to be done in a sufficient way.

Since if properly managed leads to family's healthy economy and moderate consumption. Meanwhile economical teachings and trainings of their children should not be ignored which could be done by speech and directly or may include indirect ways such as paying pocket money or entrusting a part of cost management of the family and technical skills' instructions as well.

CONCLUSION

Based on Islamic teachings, moderate consumption is one of the valuable principles of life concerning which prioritizing in income rating should be done. In calculating expenditures, people's personal status consideration is definitely one of the requirements of moderate usage. In the importance of correct marriage and its connection with poverty alleviation, in addition to religious and faith basis, some scholars have considered economic equality and closeness as well. In the economic management of the family decisions of the general policies are made by the man and minor decisions of purchasing and usage are done by the lady; both of which should be done pleasantly well. If this management is handled well, leads to economical health and alleviates poverty off that family. Meanwhile economic teachings children receive, directly or indirectly, also play an important role.

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NOVELTY

Today with the modern life style consumerism is a proposed principle in society and base of many human behaviors. As the suggested policies of conventional economy are advised to correct social institutions in order to alleviate poverty (Ghaffari, 2014, 225-232) and does not pay much attention to the family institution; Islam has looked at family as the most basic institution leading to a society from the social, cultural and economic aspects and has suggested clear policies and instructions. This article has analyzed and explained these approaches in order to alleviate poverty from the family and finally the society.

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